

The HIV/AIDS Resource and Consultation Center (“ARC”)

The HIV/AIDS Resource and Consultation Center works with government agencies, professional organizations, and academic and community health-care providers. It offers multidisciplinary educational programs and consultations on HIV/AIDS-related issues and concerns. ARC also offers HIV testing classes.

For more information, please contact:

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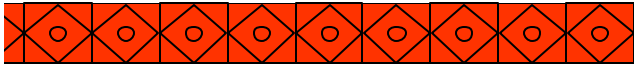
Virginia HIV/AIDS Resource & Consultation Center
358 Mowbray Arch, Suite 106
Norfolk, VA 23507

**Prevention Counseling:
The Fundamentals**

**DATE OF CLASS:
September 24 & 25, 2009
(A two-day class)**

**LOCATION:
THE AIDS RESOURCE CENTER
EASTERN VIRGINIA MEDICAL
SCHOOL
SMITH ROGERS HALL
358 MOWBRAY ARCH
SUITE 106
NORFOLK, VIRGINIA**





Cancellation Penalty Fee

* If you register for this program, you must notify the registrar at least 3 business days in advance if you cannot attend. Failure to do so will result in a \$25 fee to cover administrative costs.

Learning Objectives

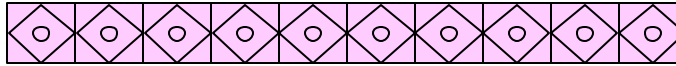
Workshop Goal: This workshop was designed to improve the ability of providers in a variety of settings to support individuals in making behavior changes that will reduce their risk of acquiring or transmitting HIV.

Workshop Objectives: By the end of this workshop, you will be able to:

state, verbally and in writing, and apply in the practice sessions the fundamental counseling concepts and skills used in prevention counseling.

identify, verbally and in writing, at least 5 factors that influence behavior and apply in practice sessions skills used in prevention counseling to elicit influences on client behavior and to develop client action plans with referrals.

demonstrate through practice sessions all the steps of prevention counseling.



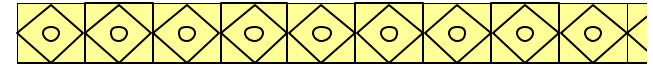
Agenda

DAY ONE

- 8:45 am - 9:00 Welcome & Introductions
- 9:00 - 10:15 Workshop Overview
- 10:15 - 10:30 *Break*
- 10:30 - 12:00 Counseling Skills
- 12:00 - 1:00 *Lunch (on your own)*
- 1:00 - 2:30 HIV Prevention Counseling
 - Step 1 - Orient Client to Counseling Session
 - Step 2 - Identify Client's Personal Risk Behaviors & Circumstances
 - Step 3 - Identify Safer Goal Behaviors
- 2:30 - 2:45 *Break*
- 2:45 - 4:30 HIV Prevention Plan Counseling
 - Step 4 - Develop Client Action Plan
- 4:30 Adjourn Day One

DAY TWO

- 8:45 - 9:00 Review of Day One/Preview of Day Two
- 9:00 - 9:30 HIV Prevention Counseling
 - Continuation of Step 4
- 9:30 - 10:15 HIV Prevention Counseling
 - Step 5 - Make Referrals & Provide Support
 - Step 6 - Summarize & Close Counseling Session
- 10:15 - 10:30 *Break*
- 10:30 - 12:00 Roleplay
- 12:00 - 1:00 *Lunch (on your own)*
- 1:00 - 2:15 Test - Decision Counseling
- 2:15 - 2:30 *Break*
- 2:30 - 4:15 Giving Test Results
- 4:15 - 4:30 Wrap-Up



Registration

Name _____

Degree _____

Agency _____

Title _____

Address _____

City/State/Zip _____

Phone _____

Fax _____

E-mail _____

Registration Fee

The class fee for The Fundamentals class is \$60. The registration fee includes a continental breakfast and training materials. Lunch will be on your own. The fee is non-refundable but may be transferable. *Please make checks payable to: EVMS - Virginia HIV/AIDS Resource Center*

The Fundamentals is a prerequisite to all of our AIDS Clinical Training modules. See a current newsletter for a schedule of upcoming courses at: www.evms.edu/hivrsrc/index.html