



HIV/AIDS Center  
 Virginia Commonwealth University  
 Virginia Commonwealth University  
 HIV/AIDS Center  
 PO Box 980147  
 Richmond, VA 23298-0147

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### HIV/AIDS Clinical Training 2009 - 2010

*A training program for physicians, nurses, advanced practice nurses, dentists, dental hygienists, physician's assistants, pharmacists, social workers, substance abuse professionals, case managers, and other allied health professionals.*

Visit the HIV/AIDS Center on the web at [www.hivcenter.vcu.edu](http://www.hivcenter.vcu.edu) or visit Pennsylvania/MidAtlantic AIDS Education and Training Center at [www.pamaaetc.org](http://www.pamaaetc.org).

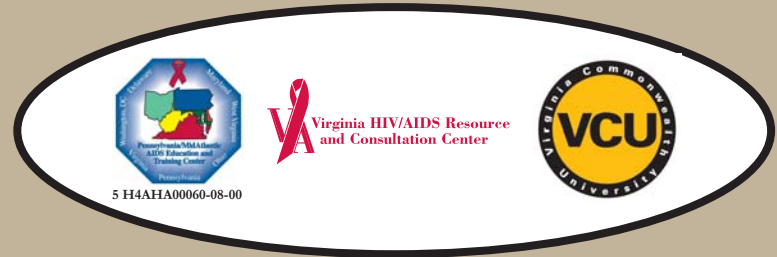
# HIV/AIDS Clinical Training 2009 - 2010

*A multidisciplinary approach to comprehensive management of HIV/AIDS patients.*

## 2009 - 2010 Clinical Training Dates

**October 19-21, 2009**  
**February 22-24, 2010**  
**June 14-16, 2010**

*Registration is due two weeks prior to selected date*



**Presented by:**  
 Southern Virginia Local Performance Site of the Pennsylvania/MidAtlantic AIDS Education and Training Center, the Virginia HIV/AIDS Resource and Consultation Center and Virginia Commonwealth University HIV/AIDS Center

**Sponsored by:**  
 School of Medicine, Office of Continuing Medical Education  
 Virginia Commonwealth University,  
 Medical College of Virginia Campus (VCU)

# Faculty

**Vivian Bruzzese, MD**  
Medical Director of HIV  
Cross Over Health Center

**Jane Cecil, MD**  
Assistant Professor of Medicine  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Carol Clark, RN**  
Research Nurse  
Richmond AIDS Consortium  
Virginia Commonwealth University

**Denise Cooper, LSATP, CRC, MAC, CSAC**  
Richmond Behavioral Health Authority

**Alison Creger, LCSW, CCM**  
Clinical Social Worker  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Susan Davenport, RNC, WHNP**  
Women's Health Nurse Practitioner  
Virginia League for Planned  
Parenthood

**Alice M. Freeman, CNHP, CNC**  
Nutrition Consultant  
Healthy Heart Plus

**Kathleen Genter, RN, BSN, CCRC**  
Research Nurse  
Richmond AIDS Consortium  
Virginia Commonwealth University

**Ellen Gerszten, LCSW, CCM**  
Clinical Social Worker  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Denese Gomes, RN, MSN, PNP, FNP**  
Family Nurse Practitioner  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Robert Higginson, Jr., PA-C**  
Physician Assistant  
Infectious Disease Clinic  
Virginia Commonwealth University  
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**Jane Kaatz, MS, MEd, ANP, AAHIVS**  
Nurse Practitioner  
Infectious Disease Clinic  
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Medical Center

**Amelia Khalil, MA**  
Medical Case Manager  
Women's and Children's Care  
Program, Ryan White Part D  
Division of Infectious Disease  
Virginia Commonwealth University  
Medical Center

**April G. Long, FNP**  
Hepatology Section  
Virginia Commonwealth University  
Medical Center

**Johanna McKee, RN, CCRC**  
Nurse Educator/Research  
HIV/AIDS Center  
Virginia Commonwealth University

**Tracy Parker, RPH**  
Clinical Pharmacist  
Hayes E. Willis Health Center,  
Virginia Commonwealth University  
Medical Center

**Fay Parpart, RN, MS, ANP**  
Clinical Assistant Professor  
Family and Community Health  
Nursing  
Virginia Commonwealth University  
Medical Center

**Patricia Pecora-Fulco, PharmD**  
Clinical Pharmacy Specialist  
Division of Infectious Diseases  
Virginia Commonwealth University  
Medical Center

**Michael Rollison, LCSW**  
Medication Adherence Counselor  
and Educator  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Tima Smith, RN**  
Educator  
Women's and Children's Care  
Program, Ryan White Part D  
Division of Infectious Disease  
Virginia Commonwealth University  
Medical Center

**Tammy Swecker, BSDH, MEd**  
Assistant Professor  
Division of Dental Hygiene  
Virginia Commonwealth University  
School of Dentistry

**Vicky Watson, RN**  
Research Nurse  
Richmond AIDS Consortium  
Virginia Commonwealth University

**Patricia Whanger, LCSW**  
Clinical Social Worker  
Infectious Disease Clinic  
Virginia Commonwealth University  
Medical Center

**Andrea K. Wiley, MSW, LCSW**  
Therapist, Consultant, Trainer  
Rubicon Rehab

**Linda J. Woods, Esq.**  
Attorney and Counselor at Law  
Woods & Christensen, P.C.

**Joy Zeh, MS, RN, FNP**  
Nurse Practitioner  
VCU HIV/AIDS Center  
Virginia Commonwealth University

**Genital Teaching Assistants**  
Eastern Virginia Medical School



# Objectives

This clinical training program offers participants the opportunity to participate in the direct clinical care of patients with HIV infection and their families. The schedule allows participants to choose their own combination of clinical experiences related to their specific area of interest. All participants must attend the Monday morning orientation before beginning their clinical experience and complete an evaluation at the end of the program. Participants are not required to attend a full schedule of modules each day. After successfully completing each module selected during this activity, the learner will have met the corresponding objectives:

1. Describe the current state of knowledge of the spectrum of HIV infection in adults, focusing on outpatient clinical management, as well as the current epidemiology of HIV/AIDS internationally, nationally, and locally.
2. Outline the model of collaborative practice used by health care providers in outpatient clinical management of HIV infected patients and describe clinical manifestations and treatment of clients with HIV/AIDS and other complications.
3. Explain interventions that aid in adherence used in a Prevention Case Management (PCM) model.
4. Identify oral manifestations of HIV-related conditions, including diagnosis and treatment.
5. State the latest guidelines in infection control and asepsis.
6. Describe the clinical issues of providing healthcare to adolescents and caregivers affected by HIV/AIDS.
7. Identify the components of HIV antibody testing and counseling as defined by Virginia statute and the Centers for Disease Control and review current testing technology available to the public and regional resources.
8. Review routine laboratory and diagnostic tests utilized in HIV/AIDS outpatient clinics.
9. Outline the clinical manifestations and treatment of sexually transmitted infections.
10. Describe gynecologic manifestations related to HIV in women and current clinical management.
11. Evaluate the psychosocial characteristics and counseling needs of HIV infected patients and their support systems, including strategies for effective discharge planning using the interdisciplinary case management approach.
12. Identify the pharmacologic management of HIV infection related to opportunistic infections. Discuss treatment guidelines, strategies, side effects, adverse drug reactions, drug interactions and their management.
13. Specify the ethical and legal dilemmas encountered in providing health care to clients affected by HIV infection.
14. Describe the behavioral and clinical relationships of substance abuse and HIV infection, including risk assessment techniques, management of the dually-diagnosed patient, and perinatal addiction.
15. Identify co-occurring mental health disorders and review common and unusually mental health challenges faced by people living with HIV/AIDS during screening and treatment.
16. Discuss the role of nutrition assessment and management in HIV care.
17. Review adherence strategies and interventions for special populations such as children, adolescents, non-English speaking patients, substance users and mentally ill patients.
18. Identify current antiretroviral medications used to treat HIV/AIDS. Discuss treatment guidelines, strategies, side effects, adverse drug reactions, drug interactions and their management.
19. Identify clinical studies that are constructing long-term strategies for the optimal use of antiretroviral therapies for HIV infection, outline the process of clinical research design and recruitment, and discuss laboratory testing and treatment options where resistance occurs.
20. Describe post exposure prophylaxis issues, assessment and treatment.
21. Demonstrate appropriate assessment skills and techniques in STI care.
22. Discuss screening and treatment issues related to Hepatitis C and HIV co-infection.

Instructions: Check the modules of your choice. You may choose modules in both tracks, as long as times do not conflict.

Monday (D)		Tuesday (D)		Wednesday (C)						
9-12pm	Orientation & HIV Overview (Mandatory) ~ Objectives 1 & 2	<input type="checkbox"/>	<b>Track 1</b>	9-10:30am	Pharmacology of ARVs ~ Objective 18	<input type="checkbox"/>	<b>Track 1</b>	9-12pm	Psychosocial Support and Resources of the Patient and Caregiver ~ Objectives 1 & 11	<input type="checkbox"/>
<b>Track 1</b>				10:30-12pm	Pharmacology of Opportunistic Infection Treatment ~ Objective 12	<input type="checkbox"/>		1-4pm	Medical Management of Adults ~ Objective 2	<input type="checkbox"/>
1-2:30pm	Oral Manifestations ~ Objective 4	<input type="checkbox"/>	1-2:30pm	Adherence Strategies for the Complex Patient ~ Objective 17	<input type="checkbox"/>		<b>Track 2</b>			
2:30-4pm	Lab Overview (October & June) ~ Objective 8	<input type="checkbox"/>	2:30-4pm	HIV Antibody Testing and Counseling (October & June) ~ Objective 7	<input type="checkbox"/>		9-12pm	Medical Management of Adults ~ Objective 2	<input type="checkbox"/>	
	Blood Borne Pathogens (February ONLY) ~ Objective 5	<input type="checkbox"/>		Ethics and Legal Dilemmas with Case Studies (February ONLY) ~ Objective 13	<input type="checkbox"/>		1-4pm	Clinical Research (October & June) ~ Objective 19	<input type="checkbox"/>	
<b>Track 2</b>			<b>Track 2</b>					Genital Teaching Assistants (February ONLY) ~ Objective 21	<input type="checkbox"/>	
1-2:30pm	STI Assessment & Management ~ Objective 9	<input type="checkbox"/>	9-10:30am	HIV & Mental Health ~ Objective 15	<input type="checkbox"/>					
2:30-4:30pm	Substance Abuse and Treatment (October & June) ~ Objective 14	<input type="checkbox"/>	10:30-12pm	Post Exposure Prophylaxis ~ Objective 20	<input type="checkbox"/>					
	Motivational Interviewing (February ONLY) ~ Objective 3	<input type="checkbox"/>	1-2:30pm	HIV and Women ~ Objective 10	<input type="checkbox"/>					
			2:30-4:00pm	HIV, Children and Adolescents ~ Objective 6	<input type="checkbox"/>					
			4:00-5:00pm	Nutrition and HIV (October & June) ~ Objective 16	<input type="checkbox"/>					
				Hep C/HIV Co-Infections (February ONLY) ~ Objective 22	<input type="checkbox"/>					

# Course Description

The Southern Virginia Local Performance Site of the Pennsylvania/MidAtlantic AIDS Education and Training Center, the Virginia HIV/AIDS Resource and Consultation Center and Virginia Commonwealth University HIV/AIDS Center are pleased to offer three clinical training programs for 2009-2010.

## Target Audience

Clinical Training is targeted toward physicians, nurses, advanced practice nurses, dentists, dental hygienists, physician's assistants, pharmacists, social workers, substance abuse professionals, case managers, and other allied health professionals.

## Description

Clinical Training consists of custom designed programs to match the unique interests and learning needs of each trainee, taking into consideration past HIV experience and knowledge.

### Clinical Training Programs include:

- Clinical mini-residencies
- Preceptorships
- On-site clinical guidance/assistance
- Technical assistance

The program's objective is to provide a case-driven learning experience and improve patient outcomes. The clinical teaching experience can include such topics as: HIV primary care; antiretroviral regimens and balancing considerations of viral load and immune reconstruction; future therapy; adherence strategies; medication management; quality of life issues; diagnosis and treatment of opportunistic infections; and comprehensive care components such as psychiatric, nutrition, case management, and addiction treatment.

## Records and Attendance

Records of attendance are maintained by computer and filed by your Unique Identifier Number that is inclusive of the last four digits of your Social Security Number. This number will be created on your evaluation form.

## Educational Credit

The Virginia Commonwealth University School of Medicine (VCU) is accredited by the Accreditation Council for Council for Continuing Medical Education to provide continuing medical education for physicians. Physicians may claim up to 19.5 hours in Type 1 or Type 2 CME on the Virginia Board of Medicine Continued Competency and Assessment Form required for renewal of an active medical license.

VCU designates this educational activity for a maximum of 19.5 AMA PRA category 1 credits™. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This continuing education activity meets the criteria of Virginia Commonwealth University and the Southern Association of Colleges and Schools. 1.95 CEUs will be awarded and recorded with the University.

Virginia Commonwealth University is an equal opportunity/ affirmative action employer. For special arrangements please call Margie Benko at (804) 828-2447.

# Registration Form

## Please check your requested training session:

- **October 19-21, 2009**  
~Registration due by: **October 2, 2009**
- **February 22-24, 2010**  
~Registration due by: **February 5, 2010**
- **June 14-16, 2010**  
~Registration due by: **May 28, 2010**

*Due to limited availability and the number of recent no-shows, the VCU HIV/AIDS Center has a new registration policy. If you register for the following program, you MUST notify the Center at least 8 days in advance if you cannot attend. Failure to do so will result in a \$25 fee to cover administrative costs. This fee applies to participants who are also receiving scholarships.*

Registration & Orientation	Fee \$ 35.00
Individual modules	Fee \$ 15.00 each
Quantity of Modules:	# _____
Total Payment:	\$ _____

\*This fee is non-refundable. However it is transferable with a minimum of one week's notice.

(Scholarships may be available for Ryan White Programs and Minority Health Providers. Please contact Margie Benko at (804) 828-2447 for more information.)

*Please Submit Completed Registration & Schedule to:*

VCU HIV/AIDS Center  
Attention: Margie Benko  
600 East Main Street, Suite 1750, Richmond, VA 23219-0147  
Phone: 1-800-525-7605 or (804) 828-2447  
Email: HIVCENTER@VCU.EDU

**Please make checks payable to VCU HIV/AIDS Center.**

Name: _____	Degree: _____
Agency: _____	
Job Title: _____	
Work Address: _____	Suite/Flr: _____
City: _____	State: _____ Zip: _____
Work Phone: _____	Alt Phone: _____
Email Address: _____	
Please list any special dietary requirements or other needs you may have. _____	

**HIPPA Certification is required or available with advance notice.**

**If HIPPA training is needed please check the box.**